

NORMAN HENSILWOOD HIGH SCHOOL

SPORT'S POLICY

1. GENERAL POLICY

In an era of IT and computers each learner must be aware of the importance of fitness in sport. Team sport must be encouraged, as socializing skills are instilled here.

2. FITNESS

It is incumbent on the school to ensure that fitness training be a part of sport. Training programmes must supplement coaching.

3. TEAM SPORT

At Henshilwood we are committed to the holistic development of the learner on the sports' field (social, commitment, planning, organizing, self-discipline). Team sport must stimulate the learner.

There are THREE categories of learner who participate in sport:

- Competitor who competes to win;
- Competitor who enjoys participating without the need to win;
- Competitor who wishes to avoid competition.

- 3.1 All sports' teams are entitled to coaching. Teachers will either be administrators (TIC) or coaches. Coaches (who not teachers) may be enlisted to coach at a minimal cost to the school.
- 3.2 Outside coaches must liaise with TICs in order to ensure the best possible results for teams.
- 3.3 The role of the coach is also to extend the coaching skills of the TICs so that expertise is spread.
- 3.4 Coaches must be carefully monitored and assisted with respect to dress, sportsmanship, manners and expectations.
- 3.5 TICs must confirm fixtures and general organization of their sport (summer/winter)

4. PROCESS OF ENROLMENT FOR SPORT

- 4.1 Learners have a free and open choice regarding sport.
- 4.2 It is expected that they play a sport in summer and in winter in grade 8, 9 and 10 but may discuss the matter with their housemaster /mistress if they wish to participate elsewhere.
- 4.3 The principle of "PARTICIPATION FIRST" must be the overriding one. In so doing, learners participate in some activity and utilize their potential. First aid, for example, is an acceptable alternative to sport.
- 4.4 Sports registration takes the form of a 'sign up' at the beginning of the term. No learner may change or give up a sport without having spoken to the Head of Sport. Summer season is the first and fourth term.
- 4.5 Matrics and grade 11 are encouraged, but not compelled to play sport.
- 4.6 Although club sport is encouraged, learners must be prepared to play for the school.
- 4.7 Learners are encouraged to support competitive fixtures and teachers will be requested to sign their Supporter's Cards.

5 GENERAL MATTERS

- 5.1 All coaches are expected to:
 - Take a regular role call
 - Follow up defaulters
 - Insist on dress code
 - Insist on punctuality
 - Insist on sportsmanship
- 5.2 A sports' notice board will be kept that will have enough space for all teams. Team list with times, dates and transport arrangements must be put up timeously.
- 5.3 There is a ten minutes sports report at Assembly on Tuesdays by the sports' captains.
- 5.4 Practices and matches will only be cancelled as a last resort. The head of sport must be informed before such an announcement is made.
- 5.5 The school's web page is an important source of information and is a good public relations instrument. Sports' reports can be typed in on a weekly basis.
- 5.6 Staff clothing must be smart and appropriate. When officiating or coaching, official staff school kit is required.
- 5.7 When entertaining visiting teams, the onus is on the TIC to ensure that refreshments are available visiting teams and staff.
- 5.8 When taking teams to away matches, careful consideration must be given to the condition of the mini buses, directions to the opponents fields, the behaviour and manner of the learners at all times.
- 5.9 All coaches and/or TICs must be aware of first aid facilities at home practices and matches. A first aid kit must be requisitioned from the secretary and accompany all teams (home and away).

6 TOURS

- 6.1 Tours must be discussed with the Principal before embarking on any information sessions with learners and parents.
- 6.2 Budgets must be cleared with the Principal and Bursar.
- 6.3 No player may be taken on tour unless payment has been made in full.
- 6.4 A list of names of learners attending the tour must be made available to the Principal and Bursar.
- 6.5 Letters regarding itineraries and arrangements must be given to parents timeously.
- 6.6 Any sponsorship needed must be cleared by the Principal.
- 6.7 Indemnity forms are to be signed by parents.
- 6.8 Tour manager must have a list of medical aid numbers available on tour.
- 6.9 The Principal must clear Sponsored/tour clothing.

SGB Chairperson: _____

Signature: _____

Date: _____