

SPORT TIMETABLE - SUMMER 2018



CODE	TRAINING DAYS	MATCH DAYS	TEACHER IN CHARGE
Athletics - Squad	Monday to Thursday 15:30-17:00	NA	Head Athletics: Miss Finlay - tfinlay@nhhs.co.za U19 Mrs Appollis- chickley@nhhs.co.za U17: Mrs Rossouw-trossouw@nhhs.co.za U15: Mr Stoltz -cstoltz@nhhs.co.za U14: Mr Davids - gdavids@nhhs.co.za
Basketball - Boys	Tuesday and Thursdays 15:30 - 17:00	Wednesdays	Mr I Majiet - imajiet@nhhs.co.za
Basketball - Girls	Mondays and Wednesdays 15:30 - 17:00	Thursdays	Ms Campher- acampher@nhhs.co.za
Chess	Tuesday and Thursdays 15:30 - 17:00	Fridays	Mrs G Daniels - gdaniels@nhhs.co.za Mr Van der Merwe - wvandermerwe@nhhs.co.za Mrs Daniels - edaniels@nhhs.co.za
Cricket - U14	Thursdays 15:30 - 17:00	Wednesday	Mr Paulsen - wpaulsen@nhhs.co.za
Cricket - U15	Thursday 15:30 - 17:00	Monday	Mr Africa - dafrica@nhhs.co.za
Cricket - U19	Mondays 15:30 - 17:00	Tuesdays	Mr Van Wyk - lvwyk@nhhs.co.za
Softball	Tuesdays 15:30 - 17:00	Thursdays	Mrs Primo - rprimo@nhhs.co.za
Swimming	Mondays and Wednesdays 15:30 - 17:00	NA	Mrs Lawrence - jlawrence@nhhs.co.za Mr September - bseptember@nhhs.co.za
Squad Swimming	Tuesdays and Thursdays: 06:30 - 07:45	Thursdays	Mr September - bseptember@nhhs.co.za Mrs Lawrence - jlawrence@nhhs.co.za Ms Van Der Westhuizen - gvanderwesthuize@nhhs.co.za
Tennis - Boys	Tuesdays (courts) Wednesdays (Astro) 15:30 - 17:00	S6 league - Mondays S5 league - Thursdays	Mr Gordon - hgordon@nhhs.co.za Mr Nieuwenhoudt - rnieuwenhoudt@nhhs.co.za
Tennis - Girls	Mondays (Astro) Wednesdays (Court) 15:30 - 17:00	S4 league - Thursday	Mrs Gabier - igabier@nhhs.co.za Mrs Manuel - bmanuel@nhhs.co.za
Touch Rugby	Wednesdays 15:30 - 17:00	Fridays	Ms Cooper - mcooper@nhhs.co.za